

Catherine Polli

Partner



catherine.polli@pinneytalfourd.co.uk



01708 229 444

Catherine Polli studied law at Newcastle University, graduating in 1996. She then went on to complete the Bar of vocational course at the Inns of Court School of Law in London, qualifying in 1997. Having undertaken two specialist family pupillages in London she subsequently became a tenant at Tanfield Chambers. Whilst a pupil she was awarded a Hardwick Scholarship from Lincoln's Inn. Having practiced as a family specialist at the Bar in London for 7 years she decided to enter into private practice in Essex in 2003. She then joined Pinney Talfourd in 2004 as Head of the family team, becoming a Partner at Pinney Talfourd in 2006.

Catherine has remained head of the family team since that time. Over that time the family team has grown significantly both in strength and size and is now ranked in Tier 1 of Legal 500. She is also named as a Leading Individual. Catherine continues to supervise all lawyers in the team. Catherine also now manages the marketing and business development team and is involved in the day to day management of the firm in her role Client Services Partner. She also deputises for the Managing Partner when on leave.

She continues to undertake divorce and financial remedy work with almost all of her clients being referred to her either by previous clients or professional contacts.

EXPERTISE

Catherine's expertise covers:

- High Net Worth Divorce
- Divorce
- Cohabitation Agreements
- Civil Partnership Dissolution

Upminster

54 Station Road, Upminster, Essex RM14 2TU
DX 35555 Upminster
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Brentwood

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Hornchurch

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Leigh-on-Sea

The Old Gasworks, 43 Progress Rd, Leigh-on-Sea SS9 5PR
By appointment only.
E leighonsea@pinneytalfourd.co.uk

Canary Wharf

18th Floor, 40 Bank Street, Canary Wharf, London E14 5AB
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- Separation Agreements
- Prenuptial / Pre-Civil Agreements
- Postnuptial / Post-Civil Agreements
- Mediation
- International Divorce
- Fixed Fee Family Services
- Finances Post Divorce

BADGES AND AWARDS

Catherine is a member of Resolution. Catherine continues to be recognised year on year in Tier 1 of Legal 500 as a leading individual.

ON A PERSONAL NOTE

In her spare time Catherine likes to spend time with her husband Tim who practises at the Bar in Central London, and their two children, now aged 16 and 10.

They have been fortunate enough in recent years to travel frequently to countries including the US, Singapore, Thailand and Australia.

Catherine also enjoys Pilates reformer exercise which is a new found hobby and passion.

In her spare time she is also a governor of a central London school, a role she is passionate about. In that role she sits on the finances committee and safeguarding committee as well as on the main Board.

Areas of Expertise

Family

Catherine is an experienced divorce lawyer who has a wide range of experience in complex and high value divorces. She regularly advises high net worth clients who own businesses, multiple properties and large assets which can add extreme stress to a divorce. Catherine takes control of a case and ensures that the outcome is the best possible for her clients. Legal 500 describes her as “highly intelligent with excellent judgment”.

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Notable Family cases

Representing a wife in a difficult limited asset cases where there were issues of domestic abuse

Representing a wife in a contentious short marriage case

Advising a husband in relation to significant Immersion issues.

Representing a husband in financial remedy proceedings involving assets exceeding £10m including residential, commercial and international property; owner managed business, company valuation and tax issues.

Representing a husband in financial remedy proceedings involving assets exceeding £4m including residential property, company valuation, tax and trusts issues.

Memberships

- Resolution
- Governance Board Dulwich College
- Safeguarding Committee Dulwich College

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Awards

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LEADING PARTNER

Legal500

UNITED KINGDOM 2026

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TOP TIER FIRM

Legal500

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2026

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Chambers

RANKED IN

UK

2026

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